



Eat Well

## Chicken Philly Sandwiches

### Directions

Spray a 3-4 quart slow cooker with non-stick spray and turn to low heat. Add butter, onion and peppers. Toss chicken with steak seasoning and add to slow cooker. Cover and cook for 5 hours. To serve add meat and vegetables to hoagie buns and top with cheese. Place in a 350 degree preheated oven for 5 minutes or until cheese is melted.

*Servings: 4 sandwiches (1 = 6" sandwich)*

### Ingredients

- » 2 Tbsp butter
- » 1 large sweet onion, sliced
- » 2 green bell peppers, sliced
- » 1 lb boneless skinless chicken breast, sliced
- » 2 Tbsp steak seasoning
- » Mozzarella slices
- » 6 inch Hoagie buns

### Nutrition information per serving:

Calories 432, Fat: 14g, Sodium 681mg, Carbohydrates 42g, Protein 33g.

Find more Altru dietitian approved recipes at [altru.org/enrich](http://altru.org/enrich)

Source: adapted from [foodfamilyfinds.com](http://foodfamilyfinds.com)

